

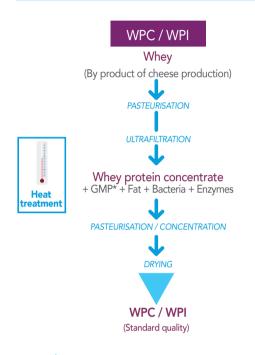
## A NATIVE PROTEIN, JCIENTIFICALLY PROVEN TO IMPROVE

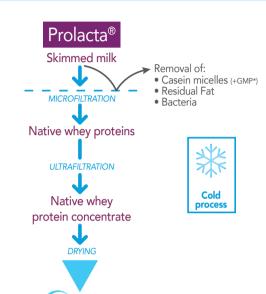
# SPORTS PERFORMANCE

# PREMIUM QUALITY PROTEIN

Prolacta® is a native whey protein directly extracted from milk with a unique and constant composition thanks to a membrane process at low temperature (no protein denaturation, preserved biological activities).

## MILD PROCESS





# UNIQUE COMPOSITION

- High leucine and **BCAA** content
- / Neutral taste
- ✓ Excellent microbiological quality
- Constant quality protein
- Manufactured in France
- √ GMP\* free

\*Glycomacropeptides

# SCIENTIFICALLY PROVEN EFFICIENCY





European sports nutrition expertise centers

Prolacta:

(Premium WPC/WPI)



**Publications** in scientific reviews



## REJULTS

### PROLACTA® SUPPLEMENTATION **& MUSCLE SYNTHESIS**



#### **IMPROVED MUSCLE PROTEIN SYNTHESIS**

 Prolacta® has higher impact on muscle protein synthesis (mass and functionality) than other proteins.



### PROLACTA® SUPPLEMENTATION & RESISTANCE TRAINING

#### **REDUCED MUSCLE FATIGUE**

- During a resistance training, Prolacta® has a significant effect on the resistance to fatigue index.
- Prolacta® decreases the degradation of muscle fiber.



#### **ENHANCED MUSCLE EFFICIENCY** (muscle functional activities)

• After immobilization, Prolacta® contributes to a better concentric power & mitochondrial activity.



#### **IMPROVED MUSCLE PERFORMANCE**

- Prolacta® has a significant effect of on the reduction of muscle fatigue.
- For specific population with low muscle mass, Prolacta® induces muscle mass increase and muscle
- Prolacta® positively impacts muscle recovery.